

Stavroula Antonis

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EDUCATION

George Mason University

Bachelor of Science in Biology - Magna Cum Laude, GPA: 3.82

Fairfax, VA

August 2021 – December 2024

- Biology and chemistry coursework on the Pre-Physician Assistant track. Completed immunology, biochemistry, medical terminology, and clinical applications of human physiology lectures and labs, in addition to required courses.
- Active member of the Pre-Physician Assistant Society
- Degree completed a semester early

Langley High School

Advanced Studies Diploma

McLean, VA

August 2017 – June 2021

EXPERIENCE

Heritage Hall Leesburg

Nurse Aide in Training

Leesburg, VA

June 2023

- Gained clinical experience providing care to short-term rehabilitation and long-term patients. Responsibilities included assisting with activities of daily living (dressing, personal hygiene, etc.), bedmaking, infection control, wound care, feeding, recording vitals, transfers, and restorative care.

VOLUNTEERING

Food for Others

Warehouse Volunteer

Fairfax, VA

November 2024 - Current

- Performing various warehouse duties, including sorting donated goods for distribution to local families, contributing to efforts to alleviate food insecurity.

Children's Science Center Lab

Lab volunteer

Fairfax, VA

January 2025 - Current

- Guiding children through various science experiments at the "Experiment Bar" and Family Science Nights, while also setting up activities, restocking supplies, and maintaining a clean environment.

AWARDS / CERTIFICATIONS

- Certifications: Certified Nursing Assistant, BLS/CPR, CTECS Workplace Readiness Skills Assessment, Sales Writing from Rubin Education, Advanced Social Media Networking from Rubin Education
- Awards: Magna cum laude, Dean's List, Mason Idea Scholarship, Excellence in Civics Education, Governor of Virginia Academic Excellence, Virginia Board of Education Scholastic Excellence, Virginia Board of Education Career and Technical Education, Early College Scholars Program 2021, Excellence in English 12 Honors, LHS Science Fair 1st place, Fairfax County Regional Science and Engineering Fair.

SKILLS

- Clinical: CPR/AED, vitals, patient care (dressing, personal hygiene, bedmaking, infection control, wound care, feeding, transfers, and restorative care).
- Lab & Research: PCR, pipetting, centrifugation, slide staining, light spectroscopy, electrophoresis, thin layer chromatography.
- Scientific: Scientific writing/literature review, research, medical terminology.
- Technical: Microsoft Suite (Excel, Word, PowerPoint), R, MATLAB.
- Soft: Excellent communication skills, strong observational skills, organization, time management, attention to detail.
- Languages: English (native), fluent Greek, basic Spanish comprehension.